

**UIL Regional Athletics Meet Handbook**  
**Region II, AAAAAA**  
**2023**



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**UIL Region II, AAAAAA**

**April 28-29, 2023**

**Track & Field Competition Site**  
Midway High School

**April 11-12, 2023, rain day 4/13**

**Coaches Meeting 4/10**  
**Tennis Competition**  
Waco Regional Tennis Center





February 1, 2023

Dear UIL Sponsors and Participants,  
Greetings and welcome to Waco. What a privilege it is for Waco to host the fifteenth annual UIL Region II, AAAAAA Spring Athletic Championships. We are grateful for another opportunity to host this spectacular Championship. It is our goal to provide the best possible personnel for the students to excel in their competitions. While Waco has been the home for this Championship event for many years, we have continued to see the highest level of athletes and competition year in and year out. Additionally, Waco has grown into a destination city with so much to do. It is our goal that you will not only be able to have unparalleled athletic success while in Waco, but also be able to have an opportunity to enjoy all of the wonderful sites and activities we have grown to love here as well! An experienced staff of professionals and officials have again been assembled for the athletic championships and they will directly oversee and provide quality support for all events. Please be sure to call upon Tom Hill, the Athletic Director if there are any questions during your stay. Best of luck during your competition! We hope your visit to Waco is exciting and memorable.

Sincerely,

Mike Vogelaar  
Executive Director  
Greater Waco Sports Commission



**Waco Convention & Visitors Bureau**

Post Office Box 2570  
Waco, Texas 76702-2570  
254 / 750-5810

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January 5, 2023

On behalf of the Waco Convention & Visitors Bureau, we are pleased to welcome you to the Heart of Texas for your UIL Regional Championships. Waco serves as the perfect location to gather for both competition and fellowship.

During your stay in Waco, we hope you will take time to enjoy our many fine attractions: the Texas Sports Hall of Fame, Dr Pepper Museum, Cameron Park Zoo, Texas Ranger Hall of Fame & Museum, the Waco Mammoth National Monument, and the world-famous Magnolia Market at the Silos.

We hope you will visit our website at [wacoheartoftexas.com](http://wacoheartoftexas.com) to learn more about shopping, dining, and our attractions. A complete list of area accommodations can also be found on our website.

Warm regards,

**Dan Quandt, CTE, CSEE, CDM**

Director of Conventions and Tourism  
City of Waco, TX  
[danq@wacotx.gov](mailto:danq@wacotx.gov)



January 5, 2023

As Chairman of the Waco Tourism Public Improvement District, I am delighted to welcome you to Waco, Texas.

We represent the hotels of Waco who have joined together to invite groups and sports planners to consider Waco for their event.

We hope you will book one of our fine hotels at the site below:

<https://stayinwacotx.com>

Sincere Best Wishes,

*Justin Edwards*

Chair

Waco Tourism Public Improvement District Corporation

Coach,

Please be prepared to turn in the following Hotel Room Survey for your participating school to finalize your registration process for this UIL event.



## UIL Hotel Room Survey



Thank you for supplying the following information. The sole purpose of this information is to assist in determining the estimated tourism impact of UIL events held in Waco.

Please complete this form and turn in at packet pickup.

<b>Advisor's Name: (Pleaseprint)</b>			
<b>School Name:</b>			
<b>Hotel Name: (if applicable)</b>			
<b>Tourism Impact:</b>	<b># of Rooms</b> _____	<b># of Nights</b> _____	<b>#Number of people in each room?</b> 1   2   3   4

# General Athletic Contest Information

UIL Region II 6A





REGION II, 6A EXECUTIVE COMMITTEE  
DISTRICT MEET CHAIRS

<i>District #</i>	<i>Phone</i>	<i>Email</i>	<i>Email 2</i>
9 Ron Griffen	972.494.8588	<a href="mailto:rlgriffen@garlandisd.net">rlgriffen@garlandisd.net</a>	<a href="mailto:Ajohnso1@garlandisd.net">Ajohnso1@garlandisd.net</a>
10 Russ Reeves	903.2292449	<a href="mailto:russ.reeves@rockwallisd.org">russ.reeves@rockwallisd.org</a>	
11 Melanie Benjamin	469.272.2014	<a href="mailto:melanie.benjamin@chisd.net">melanie.benjamin@chisd.net</a>	
12 Scott Stewart	254.215.7399		
13 Ted Landry	936.709.1207	<a href="mailto:tlandry@conroeisd.net">tlandry@conroeisd.net</a>	
14 Mandele Davis		<a href="mailto:mdavis@aldine.org">mdavis@aldine.org</a>	<a href="mailto:ajacinto@springisd.org">ajacinto@springisd.org</a>
Heather Peterson	281.985.6330	<a href="mailto:hmpeterson@aldineisd.org">hmpeterson@aldineisd.org</a>	
15 Robert Gilbert	832.484.4410	<a href="mailto:rgilbert3@kleinisd.net">rgilbert3@kleinisd.net</a>	
16 Ray Zepeda	281.594.9893	<a href="mailto:raymond.zepeda@cfisd.net">raymond.zepeda@cfisd.net</a>	

REGIONAL SPRING CHAMPIONSHIPS

Regional Athletics Director  
Tom Hill  
PHONE: (254) 749-0393  
[Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com)

Overnight Shipments  
Wahoo Sports & Entertainment  
c/o Tom Hill  
2625 Franklin  
Ave  
Waco, TX 76710



**Midway Campus  
GENERAL INFORMATION**

- MONEY:** There is a Chase ATM machine at the following address: 800 Hewitt Dr, Waco, TX 76712.
- FIRSTAID:** BaylorScott&WhiteHillcrestMedicalCenter,100 Hillcrest Medical Blvd:(254)202-2000.  
ProvidenceHealthCenter,6901 Medical Parkway: (254) 751-4000.
- LOST & FOUND:** Lost and Found services are not provided by the High School; participants.  
Guests are responsible for their own property.
- MIDWAYPOLICE:** The Woodway Police Department is 8 minutes away at the following address:  
920 Estates Dr, Woodway, TX 76712. They can be reached at this phone number:  
+12547724470
- SMOKINGPOLICY:** Smoking and the use of all tobacco products are banned on all property that is  
owned, operated, leased, occupied, or controlled by the High School.
- CAMPUSMAP:** A printable campus map can be found at the following web address:  
[https://www.midwayisd.org/cms/lib/TX01000662/Centricity/Domain/264/Directions\\_to\\_Midway\\_High\\_School.pdf](https://www.midwayisd.org/cms/lib/TX01000662/Centricity/Domain/264/Directions_to_Midway_High_School.pdf)

**Have a great visit and good luck in the competition!**



## ENTRY FEES

**FEE PAYMENTS:** All regional athletic entries and fees should be sent to the Regional Executive Committee member who represents your district (see page 8). The District Director will confirm that a check for all fees in his or her district is sent and made PAYABLE TO: **Wahoo Sports & Entertainment and received at Wahoo Sports & Entertainment, c/o Tom Hill: 2625 Franklin Avenue, Waco, TX 76710 by Tuesday, April 4, 2023.** ENTRY FEES MUST BE RECEIVED PRIOR TO COMPETITION.

**TENNIS FEES:** Each contestant is required to pay **\$35.00** as an entry fee. This should be sent to the District Director for your district along with a list of your athletes. The District Director will send the entire District fees to: **Tom Hill: 2625 Franklin Avenue, Waco, TX 76710 with a check made payable to Wahoo Sports & Entertainment.** (See Tennis Tournament Information on page 18-19). W-9 information sent upon request. **FEE per DISTRICT for Tennis is: \$560.00.** ENTRY FEES MUST BE RECEIVED PRIOR TO COMPETITION.

**TRACK & FIELD FEES:** Each contestant is required to pay **\$25.00** as an entry fee per person. Relays will be **\$80/relay**. This should be sent to the District Director for your district along with an entry list of your team. The District Director will send the entire district fee to: **Tom Hill: 2625 Franklin Avenue, Waco, TX 76710 with a check made payable to Wahoo Sports & Entertainment.** W-9 information sent upon request. ENTRY FEES MUST BE RECEIVED PRIOR TO COMPETITION.

**FEE per DISTRICT for Track and Field IS: \$2360.00 + (\$25.00 / disabled athlete / entry)**

**IF YOU QUALIFY FOR THE REGIONAL CHAMPIONSHIPS USING AN AREA MEET, EACH TEAM IN THE AREA MEET WILL NEED TO PAY THEIR DISTRICT REPRESENTATIVE THE AGREED UPON AMOUNT FOR THEIR RESPECTIVE TEAM ACCORDING TO HOW THE AREA / DISTRICT IS ADMINISTERED. IT IS THE RESPONSIBILITY OF EACH DISTRICT IN THE REGION TO MAKE A TOTAL PAYMENT BY DISTRICT FOR THE REGIONAL CHAMPIONSHIPS**

(See Track & Field Information on page 20-26)

\*Note: Spectator admission is \$6.00 for students and \$12.00 for adults, each day. Plus any online additional ticketing fees. Only online ticket sales will be available on day of meet.

**Location: 8200 Mars Drive, Waco, Texas 76712**

Copy and paste below for map:

<https://www.google.com/maps/place/8200+Mars+Dr,+Waco,+TX+76712/@31.4821064,-97.2053674,17z/data=!4m5!3m4!1s0x864f86e82513a89b:0xe9db53fbe27949ff!8m2!3d31.4840095!4d-97.1991769>

**Wahoo Sports & Entertainment– W-9 Information sent upon request.**

## ELIGIBILITY AND CERTIFICATION

**ENTRIES:** The District Meet Results form serves as the only official entry form for all athletic entries. Each District Chair is responsible for sending the athletic form to the regional site immediately following the District or Area Championship. Send the track and field forms via e-mail to [Nils\\_Holgerson@baylor.edu](mailto:Nils_Holgerson@baylor.edu) and [Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com) Tennis will be sent to [Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com) **No faxes will be accepted.**

**ELIGIBILITY:** The eligibility of a student competing at the regional championship is the responsibility of the individual school.

**WITHDRAWALS/ALTERNATES:** If a regional contestant cannot attend the Regional Spring Championship, the contestant's coach must notify the District Director of their district. Additionally, it is the coach's responsibility to contact the alternate, the Regional Athletic Director ([Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com)), and [Nils\\_Holgerson@baylor.edu](mailto:Nils_Holgerson@baylor.edu) for these changes for track and field.

**ENTRYCHANGES:** If someone knows of an athlete that is ineligible for track and field or cannot fill their entry into the track and field meet they need to follow the below steps:

- a. This person needs to send written correspondence (email) to the District Chair, Nils Holgerson, Tom Hill, the coach of the team who has the ineligible athlete, and the coach who has the new athlete entry. Please include the change and the add information.
- b. Any discussion should take place prior to this written communication being sent as noted above. Once all parties have been notified in writing and the above process satisfied by this e-mail loop, Nils will respond with received or accepted and the change will be made.

The deadline for making any entry changes and updates to Saturday field events and all running event changes should be made prior to the end of 3A competition on Friday.

**\*\*Please submit all entries via e-mail, **faxes will not be accepted.** The format to send entries should be via the Hy-Tech Advancer File or Excel. No other format accepted.**





COME EXPERIENCE IT ALL. SCAN THE CODE TO START PLANNING YOUR TRIP AND SEE EVENT SCHEDULES. | [wacoheartoftexas.com](http://wacoheartoftexas.com)

# Athletic Contest Rules and Guidelines

UIL Region II 6A



## 2022 REGION II, AAAAAA ATHLETIC EXECUTIVE COMMITTEE

Athletic Director: Mr. Tom Hill  
(254) 749-0393 (M)  
[Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com)

### TENNIS

BOYS & GIRLS

**Site:** Waco Regional Tennis  
Center 900 W. Lake Shore  
Drive

**Date:** **April 10 (coaches meeting), 11-12 competition, 2023**

**Boys' / Girls UIL Director:** Mr. Tom Hill

**Tournament / Site Director:** Mr. Brit Coleman

**HeadOfficial:** Mr. E dPrice

### TRACK & FIELD

BOYS & GIRLS

**Site:** Midway High School  
8200 Mars Drive, Waco, 76712

**Date:** **April 28-29, 2023**

**TechnicalDirector:** Mr. Doyle Shirley

**MeetDirector:** Mr. Tom Hill

**Referees:** Dr. Margaret Woody / Mike Sheaner

**Starters:** Mr. Raymond Pierre

**Entries / Scorer:** Mr. Nils Holgersson



## BOYS' & GIRLS' TENNIS TOURNAMENT

**DATE:** The Boys' and Girls' UIL Region II, AAAAAA Tennis Tournament will be played Tuesday and Wednesday, April 11-12, 2023. **THE COACHES MEETING WILL BE HELD Monday, APRIL 10, 2023 beginning at 5:00pm. Inclement weather plan will be discussed and confirmed at the coaches meeting.**

**SITE:** The Waco Regional Tennis Center in Waco, Texas will be the site for the tournament. The site is located at 900 W. Lake Shore Drive. Exit 339 off of I-35 and travel west on Lake Shore Drive.

**TOURNAMENT DIRECTOR:** Mr. Tom Hill, (254)749-0393

**SITE DIRECTORS):** Brit Coleman(254.773-7675), preferred contact via email – [bcoleman@asag.net](mailto:bcoleman@asag.net)

**COACHES MEETING:** The coaches' meeting will be on **Monday, April 10 at 5:00 p.m.** in the Conference Room of the Waco Regional Tennis Center. Coaches who cannot attend this meeting can call Brit after 8:00am on Tuesday, April 11, 2023.

**Teams and individuals may** have a practice session at the Waco Regional Tennis Center on Saturday or Sunday. **\$20.00 / school or \$5.00/player.** Reservations are required. Schools are limited to 3 courts each.

**SEEDING:** Preliminary seeding will be done prior to the coaches meeting. Final seeding will be done at the coaches' meeting. All coaches who feel that their players should be considered for seeding must send **all seeding information (including Players UTR) via email to Tom Hill, Regional Athletic Director no later than Tuesday, April 4, 2023 by 5:00pm at [Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com)**

**DRAWING:** The seeding process will follow the USTA and UIL rules. Four (4) Region II, AAAAAA entries will be selected for seeding by the Tournament Committee for each division. The first seed will play from the top half of the draw. The second seed will play from the bottom half of the draw. A coin toss will determine placement of the third and fourth seeds unless the seeds are from the same district, in which case, teams from the same district will be placed opposite. Without seeding information, your players will have less opportunity to be seeded. Coaches must send in the information that will help determine the best players for seeding.

**ENTRIES&FEES:** Entry forms and fees must be sent to your district's Regional Executive Committee Member (see page 8). Send a copy of the entry form to Tom Hill, Regional Athletic Director for UIL Region II, AAAAAA no later than Monday, April 5, 2022, by 5:00pm at [Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com) Send fees to: **Tom Hill: 2624 Austin Avenue, Waco, TX 76710. Checks made out to Wahoo Sports & Entertainment.** W-9 information sent upon request. **TOTAL FEE per DISTRICT for Tennis is: \$560.00**

**RULES:** Rules are as follows:  
1. There will be roving officials available for all matches. If necessary, officials will observe specific courts.

**ADDITIONAL RESOURCES:** Additional event day information may be acquired through [www.wahoo-sports.com](http://www.wahoo-sports.com).



## BOYS' & GIRLS' TENNIS TOURNAMENT (cont.)

Rules (cont.):

2. During play, all players should make line calls immediately.
3. Matches are best 2 of 3 sets. All three sets will use a tie breaker format.
4. Code of Conduct (no cursing, throwing rackets, etc.) and dress codes (shirts, shorts, shoes) will be strictly enforced.
5. Only the school tennis coach can give instructions during the 90 second changeover after odd games or during the 10 minute rest period for split sets.
6. Scoring may be adjusted because of inclement weather in consult with the UIL Office.
7. COACHES AND PLAYERS are responsible for keeping their area clean.

### TENNIS SCHEDULE

#### RESULTS:

Draws will be posted on the UTR website. Results will be in real time and will be available to anyone needing those results.

#### NOTE:

Times are approximate. As courts become available, the next competition will begin. We will be on a rolling schedule for the entire tournament.

#### TUESDAY, APRIL 11

First Round Boys' Singles	9:00a.m.
First Round Girls' Singles	9:00a.m.
First Round Boys' Doubles	Not before 10:30a.m.
First Round Girls' Doubles	Not before 10:30a.m.
First Round Mixed Doubles	Not before 12:00p.m.
Second Round to Follow First Round	TBA

**Third Round to follow second – TBA and discussed at Coaches meeting**

#### WEDNESDAY, APRIL 12

Championship Round & Third / Fourth Rounds	TBA
Playbacks if needed	TBA

Award ceremony will immediately follow individual matches.

**In case of inclement weather, the Hawkins Indoor Tennis Facility will be utilized UNLESS NOTIFIED OTHERWISE.**

**Have a great visit and good luck in the competition!**

## BOYS' & GIRLS' TRACK & FIELD

- DATE:** The boys' and girls' UIL RegionII, AAAAAA Track & Field competition will be held **Friday 28& Saturday 29 April,2023.**
- SITE:** The 2022 Track & Field meet will be held at MIDWAY HIGH SCHOOL.  
**8200 Mars Drive, Waco, Texas 76712**
- Copy and paste below for map:  
<https://www.google.com/maps/place/8200+Mars+Dr,+Waco,+TX+76712/@31.4821064,-97.2053674,17z/data=!4m5!3m4!1s0x864f86e82513a89b:0xe9db53f27949ff!8m2!3d31.4840095!4d-97.1991769>
- MEETDIRECTOR:** Mr. Tom Hill, (254) 749-0393,[Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com)
- MEET REFEREE:** Dr. Margaret Woody and Mike Sheaner
- STARTER:** Mr. Raymond Pierre
- ENTRIES & FEES:** Entry fees must be sent to your district's Regional Executive Committee Member. Please send all entry information to Tom Hill, Regional Athletic Director for UIL Region II, AAAAAA at [Tom\\_Hill2@outlook.com](mailto:Tom_Hill2@outlook.com) and [Nils\\_Holgersson@baylor.edu](mailto:Nils_Holgersson@baylor.edu) no later than Monday, April 10, 2023, by 5:00 p.m. **All entries must be submitted via e-mail in either the Hy-Tech Advancer File or Excel. No faxes will be accepted.** District Representatives should send fees to: **Tom Hill. 2625 Franklin Avenue, Waco, TX 76710. Check made payable to Wahoo Sports & Entertainment.** W-9 information sent upon request. **Track and Field TOTAL is \$2360.00 (plus \$25.00 / disabled athlete / entry) per District**
- COACHES' MEETING/ AND PACKETS:** There will be a coaches' scratch meeting on **Friday, April 28 at 8:00am in the gym. The gym will be open for packet pickup prior to coaches meeting if you arrive early.** Packets (including meet information, numbers, etc.) will be available at this time. After this meeting, packets may be picked up at **the Press Room and Timing Room. Coaches' packets will include two coaches' passes per team.** Additional passes may be purchased at \$10.00 each/day and may be used by institutional staff only. Athletes will be admitted using their numbers as identification. The Coaches meeting will be held in the Middle School Gymnasium.
- SPECTATOR ADMISSION:** Admission fee is \$6.00 for students and \$12.00 for adults each day plus any online additional ticketing fees. Only online ticket sales will be available on day of meet.
- ALL PARKING:** **Buses will have a drop off location at the Rice Field and will be directed to park along the road in the back. See parking and field event map. Visitors should park in the South lot.**
- \*AWARDS:** Awards will be given when results are official. **Only one institutional representative** for each school will be permitted to pick up individual/team awards to be designated at the coaches meeting. Location will be at officials check in tent. **ANY AWARDS NOT RETRIEVED AT THE SITE WILL BE SHIPPED COD TO THE SCHOOL with a \$20 handling fee invoiced.**
- TRACK USAGE & SCHEDULING:** Limited use of the competition running track will be available Friday from 10:30 a.m. - 1:00 p.m. and Saturday 9:30 a.m. - 12:00 p.m. Areas of use will be discussed at the Coaches' Meeting.

## BOYS' & GIRLS' TRACK & FIELD (cont.)

### PROTEST PROCEDURES:

All protests relating to matters which develop during the meet should be made at once and not later than 30 minutes after the result has been officially announced, or within 15 minutes in a preliminary round. Any such protest must be made in **WRITING** (including a \$25.00 fee) by the head coach and submitted at the protest table. The protest area will be located at the Officials' Check-In location on **the North side of the track at a concession stand**. Verbal protest will not be accepted. The decision made by the referee will be **FINAL**. In matters related to officiating pictures, the coach may ask to review the photo with the referee at an appropriate time that will not impact the meet schedule, but the protest fee will be applied.

### RULES:

Rules are as follows:

1. National Federation Track & Field Rules with the UIL supplement will govern the Track & Field meets.
2. Spikes no longer than ¼ inch are permitted, and only white athletic tape may be used for marking. All tape should be immediately removed after the event.
3. Shot put and discus circles are concrete, so plan for appropriate footwear. The throwing sector will be limited by the facilities.
4. Implements should be marked with the school's name. They should be submitted to the appropriate official at the implement check-in area no later than the designated times:

#### SHOT PUT

Boys: **Friday** 7:00 a.m. - 9:30a.m., **Saturday** 7:00am- 8:00am

Girls: **Friday** 7:00 a.m. -9:30a.m., **Saturday** 7:00am- 8:00am

#### DISCUS

Boys: **Friday only** 7:00 a.m. - 9:30a.m.

Girls: **Friday only** 7:00 a.m. - 9:30a.m.

#### POLE VAULT

Girls: 7:00 a.m. – 8.30 a.m.

Boys: 7.00 a.m. – 11.00 a.m.

Both Friday and Saturday. Events that take place earliest, will have priority for weigh-in.

Implements shall be impounded at the above times and delivered to the site prior to the event. Implements will not be released until the final in each event is concluded.

**The Implement weigh-in is located in the maintenance room just outside the track near the scoreboard.**

Implements that do not qualify will remain in the impound area until the competition is over. They may be reclaimed after the event is over. Any implement that is not claimed will be taken to the award pick up area.

5. All eight competitors listed in each throwing flight will throw together.
6. Field event check-in is 30 minutes prior to the event at the event site.
7. Vertical events will run 5 alive.
8. Running event check-in is 30 minutes prior to event. Athletes will not be permitted on the infield prior to this time. Hip numbers and bib numbers must be visible.

## BOYS' & GIRLS' TRACK & FIELD (cont.)

Rules (cont.):

9. The athletes' warm-up area is located at Rice Field. Athletes may only access the competition infield through the gate located at the check-in tent near the scoreboard.
10. Preferred lanes: All events 4, 5, 3, 6, 2, 7, 1, 8

11. Properly assigned competitor numbers must be worn on the front of the uniform. Competitor numbers will be included in the team packet and will admit

athletes into the Track Complex.

12. Entrance gate: All officials, coaches, and trainers will enter and exit the complex from the Northeast side near the scoreboard.
13. Please contact the SWSM trainers if EMS assistance is needed.
14. Team area is located on the Northeast side of the track near and at Rice Field. Limited area will continue toward the throwing area Tents will not be permitted in the spectator areas (e.g., bleacher areas).
15. Please note that the 3200 meter run, both boys and girls, has been placed early in the order of events and will be run as a final from a waterfall start with alleys. The same treatment applies for the 1600 meter run, which will be Saturday as a final with a waterfall start.

**ENTRYCHANGES:**

If someone knows of an athlete that is ineligible or cannot fill their entry in to the meet they need to follow the below steps:

- a. This person should send written correspondence to the District Chair, Nils Holgerson, Tom Hill, the coach of the team who has the ineligible athlete, and the coach who has the new athlete entry. Please include the change and the add in-formation. All correspondence should be via email.
- b. Any discussion should take place prior to this communication being sent as noted above. Once all parties have been notified in writing and the above process is satisfied by this e-mail loop, Nils will respond with received or accepted and the change will be made.

Changes for Friday morning field events will need to be submitted prior to 5pm on Thursday before the meet. The deadline for making any changes and updates to Saturday field events and all running event changes should be made no later than noon on Friday.

**\*\*Please submit all entries via e-mail. Faxes will not be accepted. The format to send entries should be via the Hy-Tech Advancer File or Excel. No other format accepted.**

**AWARDS:**

**ANY AWARDS NOT RETRIEVED AT THE MEET SITE WILL BE SHIPPED COD TO THE SCHOOL**

**ADDITIONAL RESOURCES:**

Additional event day information may be acquired through [www.wahoo-sports.com](http://www.wahoo-sports.com).

**Have a great visit and good luck in the competition!**

## Meal Order Coaches and Players

This year Wahoo Sports is giving Coaches and Players the option to pre order their meals for the Regional Championship. The meals will be available for pick up at the Track any time of day that you want.

Look at all the different options and order here:

[wahoo-sports.com/meal-order](http://wahoo-sports.com/meal-order)





## STATE TRACK AND FIELD RULES PROTEST FORM



**In order to file a protest of an official ruling the following guidelines must be followed:**

All protests of a referee's decision must be submitted in writing to one of the meet directors.

The protest must be filed within **30 minutes** following the official posting of results. The form must be turned in to an UIL official **located in the awards area.**

**The information below must be fully completed in order for the protest to be considered:**

Coach Name: \_\_\_\_\_ School: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_ Cell #: \_\_\_\_\_

Circle one:                      Girls                      Boys

Event: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

**Athlete(s) Involved: (If applicable)**

School: \_\_\_\_\_ Bib Number: \_\_\_\_\_ Hip Number: \_\_\_\_\_

School: \_\_\_\_\_ Bib Number: \_\_\_\_\_ Hip Number: \_\_\_\_\_

### **Description of Infraction/Dispute:**

NFHS Rule Book Reference: Be exact in your rule reference

number and page. (Example: NFHS Rule 2 Scoring Art. 2...The number of the places...).

**Official Time Protest was Filed:** \_\_\_\_\_ **Received by:** \_\_\_\_\_

**Appeals Committee Action:**

Meet Director's Signature: \_\_\_\_\_

Additional copies of this form can be found at:

[http://www.uiltexas.org/files/athletics/State\\_Tf\\_Protest\\_Form.pdf](http://www.uiltexas.org/files/athletics/State_Tf_Protest_Form.pdf)

## Pole Vault Compliance Form

Per the National Federation of State High School Associations 2013 Track & Field Rule Book under Rule 7, Section 5 Pole Vault, Article 3, page 57:

“The competitor’s weight shall be at or below the manufacturer’s pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of  $\frac{3}{4}$ -inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to competition, the coach must verify that all the school’s pole vaulters and poles meet these requirements.

**NOTES:**

1. Etchings, serial numbers, etc. that may appear on poles shall not replace the requirement of the manufacturer’s pole rating of the minimum  $\frac{3}{4}$ -inch marking in contrasting color on each pole. (7-5-3)
2. Each state association shall determine its own procedure regarding coaches verification.”

I, \_\_\_\_\_, hereby verify that all my competing pole vaulters and poles are in compliance with Rule 7, Section 5 Pole Vault, Article 3, page 57 (stated above).

School: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

More information regarding this form and the complete NFHS Handbook can be found at:

[http://www.amsacs.org/pdf/sports/track%20and%20field/2013\\_NFHS\\_Rule\\_Book.pdf](http://www.amsacs.org/pdf/sports/track%20and%20field/2013_NFHS_Rule_Book.pdf)





## UIL Pole Vault Certification Form

In compliance with the National Federation of High Schools Track and Field Rule 7-5-3, this form is provided to verify pole vaulter's weights and pole ratings prior to warm-up and competition.

Vaulter's School:	Coach's Name (print):
Site of Competition:	Date of Competition:

Vaulter's Name:	Vaulter's Weight:	lbs.
Pole #1: Length:	Pole Rating Weight:	lbs.
Pole #2: Length:	Pole Rating Weight:	lbs.
Pole #3: Length:	Pole Rating Weight:	lbs.
Pole #4: Length:	Pole Rating Weight:	lbs.
Pole #5: Length:	Pole Rating Weight:	lbs.
Pole #6: Length:	Pole Rating Weight:	lbs.
Pole #7: Length:	Pole Rating Weight:	lbs.
Pole #8: Length:	Pole Rating Weight:	lbs.
Athlete Signature:	Date:	

Coach's Printed Name:	Date:
Coach's Signature:	Date:

**The following are NFHS Track and Field Rules relevant to pole vault safety:**

**Rule 6.5.2:** *The vaulting pole may be of any material and of length and diameter. It may have a binding of not more than two layers of adhesive tape of uniform thickness. However, the bottom of the pole may be protected by several layers of tape, PVC, metal, sponge rubber, or other suitable material to protect it when placed in the planting box.*

**Rule 6.5.3:** *The competitor's weight shall be at or below the manufacturer's pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of 3/4 inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to the competition, the Coach must verify that all of the schools' pole vaulters meet these requirements.*

**6.5.4 :** *A competitor shall not use a variable weight pole, a pole which is improperly marked, or a pole rated below his/her weight, or any other equipment that is not legal during warm-up or competition. **NOTE:** Altering the pole in any fashion renders it illegal. **PENALTY: Disqualification from the event.***

**6.5.5 :** *Prior to warm-up, the field referee, head field judge, or assigned inspector of implements shall inspect each pole to be used in the competition to verify that the poles are legal equipment, per Rule 7-5-3. This includes checking the placement of a top hand-hold band, numerical pole ratings a minimum of 3/4-inches in a contrasting color located within or above the top hand-hold band, and the proper binding of not more than two layers of adhesive tape of uniform thickness. The binding shall not be on or above the top handhold band.*

**6.5.21:** *A competitor shall not be allowed to use the pole of another individual without the consent of the owner. The event judge shall approve the use and verify that the pole is rated weight-appropriate. **PENALTY: Disqualification from the event.***

**Rule 6.5.27:** *It is a foul if the competitor grips the pole above the top handhold band. **PENALTY: An unsuccessful trial is charged, but not measured.***

Additional copies of this form can be found at:

<https://www.uilTEXAS.org/files/athletics/forms/tf-pole-vault-certification.pdf>

**TRACK & FIELD MEET**  
**MIDWAY HIGH SCHOOL**  
**Schedule of Events**  
**UIL Region II 6A/III 3A**  
**Boys & Girls Track & Field**

*Schedule is approximate and rolling and is subject to change; times will be adhered to as closely as possible.*

**Running Order: 3A Girls, 6A Girls, 3A Boys, 6A Boys**

**Friday, April 28**

9:30 a.m.	3200m	Finals	Girls then boys
	Pole Vault	Finals	3A Girls then 3A boys
10:30 a.m.	Long Jump	Finals	Boys
	High Jump	Finals	Girls
	Discus	Finals	Boys
1:00p.m.	Long Jump	Finals	Girls
	High Jump	Finals	Boys
	Discus	Finals	Girls
4:00 p.m.	400 Meter Relay	Prelims	Girls & Boys
4:40 p.m.	100 Meter Hurdles	Prelims	Girls
4:55 p.m.	110 Meter Hurdles	Prelims	Boys
5:10 p.m.	100 Meter Dash	Prelims	Girls & Boys
5:40 p.m.	800 Meter Relay	Prelims	Girls & Boys
6:20 p.m.	400 Meter Dash	Prelims	Girls & Boys
6:50 p.m.	300 Meter Hurdles	Prelims	Girls & Boys
7:40 p.m.	200 Meter Dash	Prelims	Girls & Boys
8:20 p.m.	1600 Meter Relay	Prelims	Girls & Boys

## TRACK & FIELD MEET (cont.)

### Schedule of Events UIL Region II 6A/III 3A Boys & Girls Track & Field

*Schedule is approximate and rolling and is subject to change; times will be adhered to as closely as possible.*

**Running Order: 3A Girls, 6A Girls, 3A Boys, 6A Boys**

#### Saturday, April 29

9:00a.m.	Pole Vault	Finals	Girls 6A then Boys 6A
	Triple Jump	Finals	Girls
	Shot Put	Finals	Boys
PV after girls	Pole Vault	Finals	Boys 6A
11:00 am	Shot Put	Finals	Girls
	Triple Jump	Finals	Boys
	Shot Put –Wheel chair Division	Finals	Girls/Boys
1:30p.m.	400MeterRelay	Finals	Girls then Boys
1:50p.m.	800MeterRun	Finals	Girls then Boys
2:10p.m.	100MeterHurdles	Finals	Girls
2:20p.m.	110MeterHurdles	Finals	Boys
2:30p.m.	100MeterDash	Finals	Girls/Boys/Wheelchair
2:45p.m.	800MeterRelay	Finals	Girls then Boys
3:05p.m.	400MeterDash	Final	Girls/Boys/Wheelchair
3:25p.m.	300MeterHurdles	Finals	Girls then Boys
3:45p.m.	200MeterDash	Finals	Girls then Boys
4:00p.m.	1600Meters	Finals	Girls then Boys
4:30p.m.	1600MeterRelay	Finals	Girls then Boys



February 1, 2023

INVOICE

TO:  
Region II 6A District Representatives  
District 9-16

PAYABLE TO:  
Wahoo Sports & Entertainment  
2625 Franklin Avenue, Waco, Texas 76710

DESCRIPTION

UIL Region II 6A Total per Sport  
Tennis Entry Fee - \$560.00  
Track and Field Entry Fee - \$2360.00  
Plus \$25.00 / athlete / per wheelchair entry

TOTAL AMOUNT

\$2920.00 / District  
\*\* plus any additional wheelchair entries at \$25.00 / per person / per entry

\*\*Track and Field

Girls	\$1180.00
Boys	\$1180.00
Wheelchair	\$25.00 / athlete / event

For example, if you have 1 wheelchair athlete that competes in 2 events - \$50.00

**\*\* TOTAL \$2360.00 plus any wheelchair athlete / event amounts**

# Welcome to Waco

Waco offers enough to keep visitors busy for days! Mountain bike or hike in Cameron Park, shop downtown where you'll find Magnolia Market, antiques stores, and wonderful local finds. Stroll through our cultural and historic district that extends from Austin Avenue through Elm Avenue, across the mighty Brazos River. Walk across the historic Suspension Bridge, built in 1870, where the clopping hooves of cattle followed the Chisholm and Shawnee Trails up north. We encourage you to explore all that Waco has to offer during your stay for the UIL Regional Championships.

Your best resource for everything Waco: [www.wacoheartoftexas.com](http://www.wacoheartoftexas.com)

- ✓ Booking Rooms
- ✓ Things To Do
- ✓ Dining
- ✓ Shopping
- ✓ Calendar Of Events



## Medical - Hospitals

### Providence Medical Center

6901 Medical Parkway, 76712 254-751-4000

### Baylor Scott & White Hillcrest Medical Center

100 Hillcrest Medical Boulevard, 76712 254-202-2000

## Emergency Services (for emergencies – DIAL 911)

### Waco Police Department- non-emergency

254-750-7500

### Waco Fire Department- non-emergency

254-750-1740

### ETMC EMS

254-799-7718

## Medical – Urgent Care Centers

### Premier ER & Urgent Care - Open 24 hours

9110 Jordan Ln #100, Woodway, TX 76712 254-399-0740

### Premier ER & Urgent Care -Open 24 hours

221 N Interstate 35 Frontage Rd. Waco, TX 76706 254-537-9452

### Express Emergency Room (ER)Open 24 hours

1411 N Valley Mills Dr, Waco, TX 76710 254-224-5662

### Providence Express Care - Opens 9AM · Closes 9PM (Monday – Friday)

600 Franklin Ave, Waco, TX 76701 254-537-6000

### Providence Express Care - Opens 9AM · Closes 9PM (Monday – Friday)

7003 Woodway Dr #311, Waco, TX 76712 254-537-6000

### Central Texas Urgent Care- Opens 8AM · Closes 8PM (6PM on Sunday)

1135 North Loop 340, Waco, TX 76705 254-867-1962

### Central Texas Urgent Care - Opens 8AM · Closes 8PM (6PM on Sunday)

1201 Hewitt Dr #203, Waco, TX 76712 254-666-3627

### FastMed Urgent Care - Opens soon 9AM · Closes 9PM (6PM on weekend)

5400 Crosslake Pkwy #300, Waco, TX 76712 254-420-2336

## Grocery Stores

### HEB

801 N IH 35, 76705

Main 254-799-0253

Pharmacy 254-799-0219

1821 S Valley Mills Drive, 76711

Main 254-710-9400

Pharmacy 254-757-3344

9100 Woodway Dr, 76712

Main 254-751-0239

Pharmacy 254-751-0912

3801 N 19th St, 76708

Main 254-752-0359

Pharmacy 254-753-2226

### Walmart

4320 Franklin Ave, 76710

Main 254-751-0464

Pharmacy 254-751-0301

600 Hewitt Dr, 76712

Main 254-666-9021

Pharmacy 254-666-7429

1521 N IH35 Frontage Rd, 76705

Main 254-867-8084

Pharmacy 254-867-0211

## Sporting Goods Stores

### Academy Sports & Outdoors

210 N. New Road, 76710

254-399-2410

### Bicycle World

215 S University Parks Dr, 76701

254-300-4448

### Cabela's

2700 Marketplce Dr

254- 870-4300

### Dick's Sporting Goods

6001 W Waco Dr Unit 316

254-523-3510

### Hibbett Sports

6001 W Waco Dr Space 1 Suite 301

254-399-6814

## Office Services

<u>Accent Printing &amp; Copy Center</u>	512 N. New Road, 76710	254-776-8247
<u>Fed-Ex Print &amp; Ship Center</u>	5912 Bosque Blvd #349, 76710	254-776-7763
<u>Office Depot</u>	5524 Bosque Blvd, 76710	254-776-8891
<u>Office Depot</u>	4627 S. Jack Kultgen Frwy, 76706	254-662-0939
<u>Office Max</u>	4328 W. Waco Drive, 76710	254-772-7762

## Movie Theaters

<u>Hollywood Jewel 16</u>	7200 Woodway Dr, 76712	254-399-9500
<u>Premiere Cinema 6</u>	410 N Valley Mills Dr, 76710	254-772-2225
<u>Starplex Galaxy 16</u>	333 S Valley Mills Dr, 76710	254-772-5333
<u>The Waco Hippodrome</u>	724 Austin Ave, 76701	254-227-6723

## Emergency Travel Numbers

<u>Texas Highway Patrol</u>		806-747-4491
	<a href="http://www.txdps.state.tx.us/HighwayPatrol">www.txdps.state.tx.us/HighwayPatrol</a>	
<u>Stranded Motorist Hotline</u>		800-525-5555
	<a href="http://www.dps.texas.gov/director_staff/public_information/strandedmotoristhotline.htm">http://www.dps.texas.gov/director_staff/public_information/strandedmotoristhotline.htm</a>	
<u>Road Conditions</u>		800-452-9292
	<a href="http://conditions.drivetexas.org/current">http://conditions.drivetexas.org/current</a>	

**My 35** [www.my35.org/waco](http://www.my35.org/waco)

## Weather

Intellicast [www.intellicast.com](http://www.intellicast.com)  
National Weather Service [www.srh.noaa.gov/fwd](http://www.srh.noaa.gov/fwd)

## Car Rental

<u>Avis</u>	<a href="http://www.avis.com">www.avis.com</a>	800-633-3469
	Avis, Waco Regional Airport Terminal, 76708	254-756-1921
<u>Enterprise</u>	<a href="http://www.enterprise.com">www.enterprise.com</a>	800-261-7331
	Waco Regional Airport Terminal, 76708	254-755-8324
	4401 W Waco Drive, 76710	254-776-2050
	1701 W Loop 340, 76712	254-666-9591
	1601 Jack Kultgen Freeway, 76706	254-714-1131
<u>Hertz</u>	<a href="http://www.hertz.com">www.hertz.com</a>	800-654-3131
	Waco Regional Airport Terminal, 76708	254-296-4153
	1625 North Valley Mills Drive, 76710	254-754-1869
	201 West Loop 340, 76712	254-399-6409