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UIL Region III, AAA

April 29-30, 2022

Track & Field Competition Site
** Midway High School **

GREATER WACO SPORTS COMMISSION

CITY OF WACO

Waco

HEART TEXAS

WAHOO SPORTS & ENTERTAINMENT
February 23, 2022

Dear UIL Sponsors and Participants,

Greetings and welcome to Waco. What a privilege it is for Waco to host the fifteenth annual UIL Region II, AAAAAA Spring Athletic Championships. We are grateful for another opportunity to host this spectacular Championship and all the families and friends that come to support these athletes. It is our goal to provide the best possible personnel for the students to excel in their competitions.

While Waco has been the home for this Championship event for many years, we have continued to see the highest level of athletes and competition year in and year out. Waco transformed into a destination city over the years and with so much to do. Our goal is that you have athletic success while in Waco and that you will be able to have an opportunity to enjoy all of the new and wonderful sites and activities we have grown to love here as well!

An experienced staff of professionals and officials have again been assembled for the athletic championships and they will directly oversee and provide quality support for all events. Please be sure to call upon Tom Hill, the Athletic Director if there are any questions during your stay.

Best of luck during your competition! We hope your visit to Waco is exciting and memorable.

Sincerely,

Mike Vogelaar
Executive Director
Greater Waco Sports Commission
February 2, 2022

On behalf of the Waco Convention & Visitors Bureau and our local hospitality community, we are pleased to welcome you to the Heart of Texas for your UIL Regional Championships. Waco will serve as the perfect location to gather for both competition and fellowship.

During your stay in Waco, we hope you will take time to enjoy the Texas Sports Hall of Fame, Dr Pepper Museum & Free Enterprise Institute, Cameron Park Zoo, Texas Ranger Hall of Fame & Museum, the Waco Mammoth National Monument, and the world-famous Magnolia Market, home to a bakery, coffee shop, retail market, food trucks, and six new shops along with free outdoor activities.

We are pleased to have you as our guests, and we wish you every success.

Warm regards,

Dan Quandt

Dan Quandt
Interim Director of Conventions & Tourism
Coach,

Please be prepared to turn in the following Hotel Room Survey for your participating school to finalize your registration process for this UIL event.

Thank you for supplying the following information. The sole purpose of this information is to assist in determining the estimated tourism impact of UIL events held in Waco.
Please complete this form and turn in at packet pickup.

<table>
<thead>
<tr>
<th>Advisor’s Name: (Please print)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>School Name:</td>
<td></td>
</tr>
<tr>
<td>Hotel Name: (if applicable)</td>
<td></td>
</tr>
<tr>
<td>Tourism Impact:</td>
<td># of Rooms</td>
</tr>
<tr>
<td></td>
<td># of Nights</td>
</tr>
<tr>
<td></td>
<td># Number of people in each room?</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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UIL Hotel Room Survey

Waco – Heart of Texas – UIL

6
General Athletic Contest Information

UIL Track and Field Championships
Region III 3A

GREATER WACO SPORTS COMMISSION

CITY OF WACO

WACO — HEART OF TEXAS —

WAHOO SPORTS & ENTERTAINMENT
# 2022 REGION III, 3A EXECUTIVE COMMITTEE

## DISTRICT MEET CHAIRS

<table>
<thead>
<tr>
<th>District #</th>
<th>Phone</th>
<th>Email</th>
<th>Email 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 Joe Kucera</td>
<td>254.857.3239</td>
<td><a href="mailto:lindseyparker@lorenaisd.net">lindseyparker@lorenaisd.net</a></td>
<td></td>
</tr>
<tr>
<td>18 Coy Holcombe</td>
<td>903.425.5299</td>
<td><a href="mailto:cholcombe@eustaceisd.net">cholcombe@eustaceisd.net</a></td>
<td></td>
</tr>
<tr>
<td>19 Denise Monzingo</td>
<td>512.430.6000</td>
<td><a href="mailto:DMonzingo@Rockdaleisd.net">DMonzingo@Rockdaleisd.net</a>; <a href="mailto:Dshelander@Rockdaleisd.net">Dshelander@Rockdaleisd.net</a></td>
<td></td>
</tr>
<tr>
<td>20 Timothy Lowry</td>
<td>979.828.7000</td>
<td><a href="mailto:rpayne@franklinisd.net">rpayne@franklinisd.net</a></td>
<td></td>
</tr>
<tr>
<td>21 David Flowers</td>
<td>936-876-4287</td>
<td><a href="mailto:dflowers@huntingtonisd.com">dflowers@huntingtonisd.com</a></td>
<td></td>
</tr>
<tr>
<td>22 Scott Campbell</td>
<td>409.296.4307</td>
<td><a href="mailto:Scott@eastchambers.net">Scott@eastchambers.net</a>; <a href="mailto:ashleyo@eastchambers.org">ashleyo@eastchambers.org</a></td>
<td></td>
</tr>
<tr>
<td>23 Jennifer Fierro</td>
<td>281.592.7739</td>
<td><a href="mailto:jfierro@tarkingtonisd.net">jfierro@tarkingtonisd.net</a></td>
<td></td>
</tr>
<tr>
<td>24 Wade Stidevent</td>
<td>979.657.2770</td>
<td><a href="mailto:wsticevent@bolingisd.net">wsticevent@bolingisd.net</a></td>
<td></td>
</tr>
</tbody>
</table>

## REGIONAL SPRING CHAMPIONSHIPS

**Regional Athletics Director**
Tom Hill

PHONE: (254) 749-0393
Tom_Hill2@outlook.com

**Overnight Shipments**
Wahoo Sports & Entertainment

c/o Tom Hill
2625 Franklin Ave
Waco, TX 76710
Midway Campus
GENERAL INFORMATION

FOOD:

MONEY: There is a Chase ATM machine at the following address: 800 Hewitt Dr, Waco, TX 76712.

FIRSTAID: Baylor Scott & White Hillcrest Medical Center, 100 Hillcrest Medical Blvd: (254) 202-2000. Providence Health Center, 6901 Medical Parkway: (254) 751-4000.

LOST & FOUND: Lost and Found services are not provided by the High School; participants. Guests are responsible for their own property.

MIDWAY POLICE: The Woodway Police Department is 8 minutes away at the following address: 920 Estates Dr, Woodway, TX 76712. They can be reached at this phone number: +12547724470

SMOKING POLICY: Smoking and the use of all tobacco products are banned on all property that is owned, operated, leased, occupied, or controlled by the High School.

CAMPUS MAP: A printable campus map can be found at the following web address: https://www.midwayisd.org/cms/lib/TX01000662/Centricity/Domain/264/Directions_to_Midway_High_School.pdf

Have a great visit and good luck in the competition!
ENTRY FEES

FEE PAYMENTS: All regional Track & Field entries and fees should be sent to the Regional Executive Committee member who represents your district (see page 8). The District Director will confirm that a check for all fees in his or her district is sent and made PAYABLE TO: Wahoo Sports & Entertainment and received at Wahoo Sports & Entertainment, c/o Tom Hill: 2625 Franklin Avenue, Waco, TX 76710 by Monday, April 11, 2022

TRACK & FIELD FEES: Each contestant is required to pay $25.00 as an entry fee per person / per event. Relays will be $80/relay. This should be sent to the District Director for your district along with an entry list of your team. The District Director will send the entire district fee to: Tom Hill: 2625 Franklin Avenue, Waco, TX 76710 with a check made payable to Wahoo Sports & Entertainment. W-9 information sent upon request. ENTRY FEES MUST BE RECEIVED PRIOR TO COMPETITION.

TOTAL ENTRY FEE per DISTRICT IS: $2360.00

IF YOU QUALIFY FOR THE REGIONAL CHAMPIONSHIPS USING AN AREA MEET, EACH TEAM IN THE AREA MEET WILL NEED TO PAY THEIR DISTRICT REPRESENTATIVE THE AGREED UPON AMOUNT FOR THEIR RESPECTIVE TEAM ACCORDING TO HOW THE AREA / DISTRICT IS ADMINISTERED. IT IS THE RESPONSIBILITY OF EACH DISTRICT IN THE REGION TO MAKE A TOTAL PAYMENT BY DISTRICT FOR THE REGIONAL CHAMPIONSHIPS

(See Track & Field Information on page 15-21)

Note: Spectator admission is $6.00 for students and $12.00 for adults each day plus any online additional ticketing fees. Only online ticket sales will be available on day of meet.

Location: 8200 Mars Drive, Waco, Texas 76712

Copy and paste below for map:
https://www.google.com/maps/place/8200+Mars+Dr,+Waco,+TX+76712/@31.4821064,-97.2053674,17z/data=!4m5!3m4!1s0x864f86e82513a89b:0xe9db53fbe27949ff!8m2!3d31.4840954!4d-97.1991769

Wahoo Sports & Entertainment – W-9 Information sent upon request.

ADDITIONAL RESOURCES: Additional event day information may be acquired through www.wahoo-sports.com.
ELIGIBILITY AND CERTIFICATION

ENTRIES: The District Meet Results form serves as the only official entry form for all athletic entries. Each District Chair is responsible for sending the athletic form to the regional site immediately following the District or Area Championship. Send the track and field forms via e-mail to Nils_Holgersson@baylor.edu and Tom_Hill2@outlook.com. No faxes will be accepted.

ELIGIBILITY: The eligibility of a student competing at the regional championship is the responsibility of the individual school.

WITHDRAWALS/ALTERNATES: If a regional contestant cannot attend the Regional Spring Meet, the contestant’s coach must notify the District Director of their district and request that he/she contact the alternate and the Regional Athletic Director at tom@WacoSports.org or Tom_Hill2@outlook.com as well as Nils_Holgersson@baylor.edu.

ENTRY CHANGES: If someone knows of an athlete that is ineligible for track and field or cannot fill their entry into the track and field meet they need to follow the below steps:

a. This person needs to send written correspondence to the District Chair, Nils Holgersson, Tom Hill, the coach of the team who has the ineligible athlete, and the coach who has the new athlete entry. Please include the change and the add information.

b. Any discussion should take place prior to this written communication being sent as noted above. Once all parties have been notified in writing and the above process satisfied by this e-mail loop, Nils will respond with received or accepted and the change will be made.

Changes for Friday morning field events will need to be submitted prior to 5pm on Thursday before the meet. The deadline for making any changes and updates to Saturday field events and all running event changes should be made no later than noon on Friday.

**Please submit all entries via e-mail, faxes will not be accepted. The format to send entries should be via the Hy-Tech Advancer File or Excel. No other format accepted.
find a piece of your Heart

Waco, Heart, Texas
Come experience it all.
Athletic Contest
Rules and Guidelines

UIL Region III 3A

GREATER WACO SPORTS COMMISSION

Waco

CITY OF WACO

Wahoo

SPORTS & ENTERTAINMENT
2022 REGION III, AAA EVENT COMMITTEE

Athletic Director: Mr. Tom Hill Wahoo Sports & Entertainment (254) 749-0393 cell
Tom_Hill2@outlook.com

Region III 3A TRACK & FIELD

BOYS & GIRLS

Site: Midway High School
8200 Mars Drive, Waco, 76712

Date: April 29-30, 2022

Technical Director: Mr. Doyle Shirley

Meet Director: Mr. Tom Hill

Referees: Mike Sheaner and Dr. Margaret Wooddy

Starter: Mr. Raymond Pierre

Scorer: Mr. Nils Holgersson

GREATER WACO SPORTS COMMISSION

CITY OF WACO

Waco
HEART OF TEXAS

WAHOO SPORTS & ENTERTAINMENT
BOYS’ & GIRLS’ TRACK & FIELD

DATE: The boys’ and girls’ UIL Region III, AAA Track & Field competition will be held Friday, April 29 & Saturday, April 30, 2022.

SITE: The 2022 Track & Field meet will be held at MIDWAY HIGH SCHOOL. 8200 Mars Drive, Waco, Texas 76712

Copy and paste below for map: https://www.google.com/maps/place/8200+Mars+Dr,+Waco,+TX+76712/@31.4821064, -97.2053674,17z/data=!4m5!3m4!1s0x864f86e82513a89b:0xe9db53fbe27949ff!8m2!3d31.4840095!4d-97.1991769

MEET DIRECTOR: Mr. Tom Hill, (254) 749-0393, Tom_Hill2@outlook.com

MEET REFEREE: Dr. Margaret Wooddy and Mike Sheaner

STARTER: Mr. Raymond Pierre

ENTRIES & FEES: Entries and a fee of $25.00 per person per event, must be sent to your district’s Regional Executive Committee Member (see page 8) (Relays will be $80/relay.) Please send all seeding information to Tom Hill, Regional Athletic Director for UIL Region III, AAA at Tom_Hill2@outlook.com or Nils_Holgersson@baylor.edu no later than Monday, April 11, 2022, by 5:00 p.m. All entries must be submitted via e-mail in either the Hy-Tech Advancer File or Excel. No faxes will be accepted. Send fees to: Tom Hill: 2625 Franklin Ave., Waco, TX 76710. Checks made payable to WAHOO SPORTS & ENTERTAINMENT. W-9 information sent upon request. ENTRY FEES MUST BE RECEIVED PRIOR TO COMPETITION.

COACHES’ MEETING/PACKETS: There will be a coaches’ scratch meeting on Friday, April 29 at 8:00 a.m. in the gym. The gym will be open for packet pickup prior to the coaches meeting in case you arrive early. Packets (including meet information, numbers, etc.) will be available at this time. After this meeting, packets may be picked up at the Press Room and Timing Room. Coaches’ packets will include two coaches’ passes per team. Additional passes may be purchased at $10.00 each and may be used by institutional staff only. Athletes will be admitted using their numbers as identification. The Coaches meeting will be held in the Middle School Gymnasium.

SPECTATOR ADMISSION: Admission fee is $6.00 for students and $12.00 for adults each day for adults each day plus any online additional ticketing fees. Online ticket sales available only on day of meet.

ALL PARKING: Buses will have a drop off location at the Rice Field and will be directed to park along the road in the back. See parking and field event map. Visitors should park in the South lot.

AWARDS: Awards will be given when results are official. Only one institutional representative for each school will be permitted to pick up individual/team awards to be designated at the coaches meeting. Location will be at officials check in tent. ANY AWARDS NOT RETRIEVED AT THE SITE WILL BE SHIPPED COD TO THE SCHOOL with a $20 handling fee invoiced.

TRACK USAGE & SCHEDULING: Limited use of the competition running track will be available Friday from 10:30 a.m. - 1:00 p.m. & Saturday 9:30 a.m. - 12:00 p.m. Areas of use will be discussed at the Coaches’ Meeting.
BOYS’ & GIRLS’ TRACK & FIELD (cont.)

PROTEST PROCEDURES: All protests relating to matters which develop during the meet should be made at once and not later than 30 minutes after the result has been officially announced, or within 15 minutes in a preliminary round. Any such protest must be made in WRITING (including a $25.00 fee) by the head coach and submitted at the protest table. The protest area will be located at the Officials’ Check-In location on the North side of the track at a concession stand. Verbal protest will not be accepted. The decision made by the referee will be FINAL. In matters related to officiating pictures, the coach may ask to review the photo with the referee at an appropriate time that will not impact the meet schedule but the protest fee will be applied.

RULES:

Rules are as follows:
1. National Federation Track & Field Rules with the UIL supplement will govern the Track & Field meets.
2. Spikes no longer than ¼ inch are permitted, and only white athletic tape may be used for marking. All tape should be immediately removed after the event.
3. Shot put and discus circles are concrete, so plan for appropriate footwear. The throwing sector will be limited by the facilities.
4. Implements should be marked with the school name. They should be submitted to the appropriate official at the implement check-in area no later than the designated times:

   **SHOT PUT**
   - Boys: **Friday** 7:00 a.m. - 9:30 a.m., **Saturday** 7:00am- 8:00am
   - Girls: **Friday** 7:00 a.m. – 9:30 a.m., **Saturday** 7:00am- 8:00am

   **DISCUS**
   - Boys: **Friday only** 7:00 a.m. - 9:30 a.m.
   - Girls: **Friday only** 7:00 a.m. - 9:30 a.m.

   Implements shall be impounded at the above times and delivered to the site prior to the event. Implements will not be released until the final in each event is concluded. **The Implement weigh-in area is located at the shot put / discus site.**

   Implements that do not qualify will remain in the impound area until the competition is over. They may be reclaimed after the event is over. Any implement that is not claimed will be taken to the award pick up area.
5. All eight competitors listed in each throwing flight will throw together.
6. Field event check-in is 30 minutes prior to the event at the event site.
7. Vertical events will run 5 alive.
8. Running event check-in is 30 minutes prior to event. Athletes will not be permitted on the infield prior to this time. Hip numbers and bib numbers must be visible.
BOYS’ & GIRLS’ TRACK & FIELD (cont.)

Rules (cont.):
9. The athletes’ warm-up area is located at Rice Field. Athletes may only access the competition infield through the gate located at the check-in tent near the scoreboard.

10. Preferred lanes: All events 4, 5, 6, 2, 7, 1, 8

11. Properly assigned competitor numbers must be worn on the front of the uniform. Competitor numbers will be included in the team packet and will admit athletes into the Track Complex.

12. Entrance gate: All officials, coaches, and trainers will enter and exit the complex from the Northeast side near the scoreboard.

13. Please contact the SWSM trainers if EMS assistance is needed.

14. Team area is located on the Northeast side of the track near and at Rice Field. Limited area will continue toward the throwing area Tents will not be permitted in the spectator areas (e.g., bleacher areas).

15. Please note that the 3200 meter run, both boys and girls, has been placed early in the order of events and will be run as a final from a waterfall start with alleys. The same treatment applies for the 1600 meter run, which will be Saturday as a final with a waterfall start.

ENTRY CHANGES: If someone knows of an athlete that is ineligible or cannot fill their entry into the meet they need to follow the below steps:

a. This person should send written correspondence to the District Chair, Nils Holgerson, Tom Hill, the coach of the team who has the ineligible athlete, and the coach who has the new athlete entry. Please include the change and the add information. All correspondence should be via email.

b. Any discussion should take place prior to this communication being sent as noted above. Once all parties have been notified in writing and the above process satisfied by this e-mail loop, Nils will respond with received or accepted and the change will be made.

Changes for Friday morning field events will need to be submitted prior to 5pm on Thursday before the meet. The deadline for making any changes and updates to Saturday field events and all running event changes should be made no later than noon on Friday.

**Please submit all entries via e-mail. Faxes will not be accepted.** The format to send entries should be via the Hy-Tech Advancer File or Excel. No other format accepted.

ADDITIONAL RESOURCES: Additional event day information may be acquired through [www.wahoo-sports.com](http://www.wahoo-sports.com).

Have a great visit and good luck in the competition!
STATE TRACK AND FIELD
RULES PROTEST FORM

In order to file a protest of an official ruling the following guidelines must be followed:
All protests of a referee’s decision must be submitted in writing to one of the meet directors.
The protest must be filed within 30 minutes following the official posting of results. The form must be
turned in to an UIL official located in the awards area.

The information below must be fully completed in order for the protest to be considered:

Coach Name: ___________________________ School: ___________________________
Coach’s Signature: _________________________ Cell #: ___________________________
Circle one: Girls Boys
Event: ___________________________ Date: ___________ Time: ___________
Athlete(s) Involved: (If applicable)
School: ___________________________ Bib Number: ______ Hip Number: ______
School: ___________________________ Bib Number: ______ Hip Number: ______

Description of Infraction/Dispute:
NFHS Rule Book Reference: Be exact in your rule reference
number and page. (Example: NFHS Rule 2 Scoring Art. 2…The number of the places…).

Official Time Protest was Filed: _______Received by: ___________________________

Appeals Committee Action:

Meet Director’s Signature: ___________________________
Pole Vault Compliance Form

Per the National Federation of State High School Associations 2013 Track & Field Rule Book under Rule 7, Section 5 Pole Vault, Article 3, page 57:

“The competitor’s weight shall be at or below the manufacturer’s pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of ¾-inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to competition, the coach must verify that all the school’s pole vaulters and poles meet these requirements.

NOTES:
1. Etchings, serial numbers, etc. that may appear on poles shall not replace the requirement of the manufacturer’s pole rating of the minimum ¾-inch marking in contrasting color on each pole. (7-5-3)
2. Each state association shall determine its own procedure regarding coaches verification.”

I, ________________________________, hereby verify that all my competing pole vaulters and poles are in compliance with Rule 7, Section 5 Pole Vault, Article 3, page 57 (stated above).

School:  __________________________________________

________________________________________________

________________________________________________

Signature: _________________________________________

Date: ____________________________________________

More information regarding this form and the complete NFHS Handbook can be found at: http://www.amsacs.org/pdf/sports/track%20and%20field/2013_NFHS_Rule_Book.pdf
The following are NFHS Track and Field Rules relevant to pole vault safety:

**Rule 6.5.2:** The vaulting pole may be of any material and of length and diameter. It may have a binding of not more than two layers of adhesive tape of uniform thickness. However, the bottom of the pole may be protected by several layers of tape, PVC, metal, sponge rubber, or other suitable material to protect it when placed in the planting box.

**Rule 6.5.3:** The competitor’s weight shall be at or below the manufacturer’s pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of 3/4 inch in a contrasting color located within or above the top handhold position; a 1-inch circular band indicating the maximum top handhold position with the position being determined by the manufacturer. Prior to the competition, the Coach must verify that all of the schools’ pole vaulters meet these requirements.

**6.5.4:** A competitor shall not use a variable weight pole, a pole which is improperly marked, or a pole rated below his/her weight, or any other equipment that is not legal during warm-up or competition. **NOTE:** Altering the pole in any fashion renders it illegal. **PENALTY:** Disqualification from the event.

**6.5.5:** Prior to warm-up, the field referee, head field judge, or assigned inspector of implements shall inspect each pole to be used in the competition to verify that the poles are legal equipment, per Rule 7-5-3. This includes checking the placement of a top handhold band, numerical pole ratings a minimum of 3/4-inches in a contrasting color located within or above the top handhold band, and the proper binding of not more than two layers of adhesive tape of uniform thickness. The binding shall not be on or above the top handhold band.

**6.5.21:** A competitor shall not be allowed to use the pole of another individual without the consent of the owner. The event judge shall approve the use and verify that the pole is rated weight-appropriate. **PENALTY:** Disqualification from the event.

**Rule 6.5.27:** It is a foul if the competitor grips the pole above the top handhold band. **PENALTY:** An unsuccessful trial is charged, but not measured.

Additional copies of this form can be found at: [https://www.uiltexas.org/files/athletics/forms/tf-pole-vault-certification.pdf](https://www.uiltexas.org/files/athletics/forms/tf-pole-vault-certification.pdf)
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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Gender(s)</th>
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<tr>
<td>9:30 a.m.</td>
<td>3200m Finals</td>
<td>Girls then boys</td>
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<tr>
<td></td>
<td>Pole Vault Finals</td>
<td>3A Girls then 3A boys</td>
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<tr>
<td>10:30 a.m.</td>
<td>Long Jump Finals</td>
<td>Boys</td>
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<td></td>
<td>High Jump Finals</td>
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<tr>
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<td>Discus Finals</td>
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<tr>
<td>1:00 p.m.</td>
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<td>4:00 p.m.</td>
<td>400 Meter Relay Prelims</td>
<td>Girls &amp; Boys</td>
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<td>8:20 p.m.</td>
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</table>
**TRACK & FIELD MEET (cont.)**

**Schedule of Events**  
UIL Region II 6A/III 3A  
Boys & Girls Track & Field

*Schedule is approximate and rolling and is subject to change; times will be adhered to as closely as possible.*  
**Running Order:** 3A Girls, 6A Girls, 3A Boys, 6A Boys

**Saturday, April 30**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Final</th>
<th>Boys/Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m.</td>
<td>Pole Vault</td>
<td>Finals</td>
<td>Girls 6A then 6A Boys</td>
</tr>
<tr>
<td></td>
<td>Triple Jump</td>
<td>Finals</td>
<td>Girls</td>
</tr>
<tr>
<td></td>
<td>Shot Put</td>
<td>Finals</td>
<td>Boys</td>
</tr>
<tr>
<td></td>
<td>Pole Vault</td>
<td>Finals</td>
<td>Boys 6A</td>
</tr>
<tr>
<td>11:00 a.m.</td>
<td>Shot Put</td>
<td>Finals</td>
<td>Girls</td>
</tr>
<tr>
<td></td>
<td>Triple Jump</td>
<td>Finals</td>
<td>Boys</td>
</tr>
<tr>
<td></td>
<td>Shot Put – Wheelchair Division</td>
<td>Finals</td>
<td>Girls/Boys</td>
</tr>
<tr>
<td>1:30 p.m.</td>
<td>400 Meter Relay</td>
<td>Finals</td>
<td>Girls then Boys</td>
</tr>
<tr>
<td>1:50 p.m.</td>
<td>800 Meter Run</td>
<td>Finals</td>
<td>Girls then Boys</td>
</tr>
<tr>
<td>2:10 p.m.</td>
<td>100 Meter Hurdles</td>
<td>Finals</td>
<td>Girls</td>
</tr>
<tr>
<td>2:20 p.m.</td>
<td>110 Meter Hurdles</td>
<td>Finals</td>
<td>Boys</td>
</tr>
<tr>
<td>2:30 p.m.</td>
<td>100 Meter Dash</td>
<td>Finals</td>
<td>Girls/Boys/Wheelchair</td>
</tr>
<tr>
<td>2:45 p.m.</td>
<td>800 Meter Relay</td>
<td>Finals</td>
<td>Girls then Boys</td>
</tr>
<tr>
<td>3:05 p.m.</td>
<td>400 Meter Dash</td>
<td>Final</td>
<td>Girls/Boys/Wheelchair</td>
</tr>
<tr>
<td>3:25 p.m.</td>
<td>300 Meter Hurdles</td>
<td>Finals</td>
<td>Girls then Boys</td>
</tr>
<tr>
<td>3:45 p.m.</td>
<td>200 Meter Dash</td>
<td>Finals</td>
<td>Girls then Boys</td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td>1600 Meters</td>
<td>Finals</td>
<td>Girls then Boys</td>
</tr>
<tr>
<td>4:30 p.m.</td>
<td>1600 Meter Relay</td>
<td>Finals</td>
<td>Girls then Boys</td>
</tr>
</tbody>
</table>
Health and Safety Protocols

*These athletic contests adhere to UIL procedures and protocols. Please find below the 2021-2022 UIL COVID-19 Risk Mitigation Guidelines as of 1/18/2022. These can also be found on their website at: https://www.uiltexas.org/policy/2021-22-policy-info/2021-2022-UIL-risk-mitigation-guidelines

January 18, 2022

This guidance takes effect immediately, replacing all prior guidance. UIL recommends that public school systems consult with their local public health authorities and local legal counsel before making final decisions regarding the implementation of this guidance. This guidance is subject to change as new information becomes available.

Required Actions if Individuals with Test-Confirmed Cases Have Been in areas where UIL Activities are being conducted

1. If an individual who has been in areas where UIL activities are being conducted is test-confirmed to have COVID-19, the school must notify its local health department, in accordance with applicable federal, state and local laws and regulations, including confidentiality requirements of the Americans with Disabilities Act (ADA) and Family Educational Rights and Privacy Act (FERPA).
2. Upon receipt of information that any teacher, staff member, student, or visitor in an area where UIL activities are being conducted is test-confirmed to have COVID-19, the school must submit a report to the Texas Department of State Health Services via an online form. The report must be submitted each Monday for the prior seven days (Monday-Sunday).
3. Consistent with school notification requirements for other communicable diseases, and consistent with legal confidentiality requirements, schools must notify all teachers, staff, and families of all students in a classroom or extracurricular or after-school program cohort if a test-confirmed COVID-19 case is identified among students, teachers or staff who participated in those classrooms or cohorts.
4. If a test-confirmed COVID-19 case is identified among students, teachers, or staff who participated in a UIL competition against another school, the school must notify the opposing school and the officials/contest judges who also participated in the competition.

Face Coverings and Masks

Schools should follow TEA Public Health Guidance for the most up-to-date information regarding GA-38. School systems must allow individuals to wear a mask if they choose to do so.

Students Who Have COVID-19

As provided in this Department of State Health Services (DSHS) Rule, school systems must exclude students from attending school in person who are actively sick with COVID-19, who are suspected of being actively sick with COVID-19, or who have received a positive test result for COVID-19, and must immediately notify parents if this is determined while on campus.

- Parents must ensure they do not send a child to school on campus if the child has COVID-19 symptoms or is test-confirmed with COVID-19, until the conditions for re-entry are met. See the DSHS rule for more details, including the conditions for ending the exclusion period and returning to school.
- In addition to the criteria and processes described above, for a student who has been diagnosed with COVID-19, it is strongly recommended that the student receive, in accordance with the most current resources available from the American Academy of Pediatrics (AAP) and/or the American...
College of Cardiology (ACC), clearance from a physician, or a physician-approved delegate prior to returning to participation in UIL marching band or athletic activities.

Students & Staff Who Are Close Contacts

- Schools must follow TEA Public Health Guidance related to students and staff who have been identified as close contacts.

Spectators: Capacity and Visiting Spectators Attendance

UIL is not currently limiting capacity for spectators at UIL events. If a school is limiting capacity as a local decision, the following applies:

- Schools must allow visiting school fans to attend district contests if home school fans are allowed to attend, unless the schools involved in the district contest mutually agree to only allow home school fans.
- The number of tickets or percentage of allowed spectator space provided to the visiting team should be determined by the DEC. If the DEC has not made such determination, the hosting school shall make a reasonable effort to accommodate visiting fans.
- For non-district contests, the two schools involved must mutually agree on home and visiting school fans attendance.
- For football, the UIL Constitution and Contest Rules, Section 1250(g)(1) states: “The visiting team has the right to demand one-half of the stadium seats in relation to the 50-yard line in all UIL football contests, whether district games, non-district games or playoff games, unless mutually agreed otherwise by the two schools involved. A visiting team can demand one-half of the reserved seats. A visiting team has a right to split the stadium in relation to the 50-yard line, subject to the end zone situation being equal, unless mutually agreeable otherwise.”
- If a visiting team requests, the home school must provide the visiting school with 50% of the available tickets/seating for the facility. Schools may mutually agree otherwise; however, without mutual agreement from both schools in the game, this rule applies. This applies to both district and non-district football games.
INVOICE

TO:
Region III 3A District Representatives
District 17-24

PAYABLE TO:
Wahoo Sports & Entertainment
2625 Franklin Avenue, Waco, Texas
76710

DESCRIPTION

UIL Region III 3A
Track and Field Entry Fee

TOTAL AMOUNT

$2360.00

** Plus any additional wheelchair entries at $25.00 / per person / per event

- Track and Field
  - Girls $1180.00
  - Boys $1180.00
  - Wheelchair $25.00 / athlete / event
    - For example, if you have 1 wheelchair athlete that competes in 2 events - $50.00

** TOTAL $2360.00 plus any additional wheelchair entries @ $25.00 / athlete / per event
Welcome to Waco

Waco offers enough to keep visitors busy for days! Mountain bike or hike in Cameron Park, shop downtown where you’ll find Magnolia Market, antiques stores, and wonderful local finds. Stroll through our cultural and historic district that extends from Austin Avenue through Elm Avenue, across the mighty Brazos River. Walk across the historic Suspension Bridge, built in 1870, where the clopping hooves of cattle followed the Chisholm and Shawnee Trails up north. We encourage you to explore all that Waco has to offer during your stay for the UIL Regional Championships.

Your best resource for everything Waco:  www.wacoheartoftexas.com

- Booking Rooms
- Things To Do
- Dining
- Shopping
- Calendar Of Events
Medical - Hospitals

Providence Medical Center
6901 Medical Parkway, 76712 254-751-4000

Baylor Scott & White Hillcrest Medical Center
100 Hillcrest Medical Boulevard, 76712 254-202-2000

Emergency Services (for emergencies – DIAL 911)
Waco Police Department non-emergency 254-750-7500
Waco Fire Department non-emergency 254-750-1740
ETMC EMS 254-799-7718

Medical – Urgent Care Centers

Premier ER & Urgent Care - Open 24 hours
9110 Jordan Ln #100, Woodway, TX 76712 254-399-0740

Premier ER & Urgent Care - Open 24 hours
221 N Interstate 35 Frontage Rd, Waco, TX 76706 254-537-9452

Express Emergency Room (ER) Open 24 hours
1411 N Valley Mills Dr, Waco, TX 76710 254-224-5662

Providence Express Care - Opens 9AM · Closes 9PM (Monday – Friday)
600 Franklin Ave, Waco, TX 76701 254-537-6000

Providence Express Care - Opens 9AM · Closes 9PM (Monday – Friday)
7003 Woodway Dr #311, Waco, TX 76712 254-537-6000

Central Texas Urgent Care - Opens 8AM · Closes 8PM (6PM on Sunday)
1135 North Loop 340, Waco, TX 76705 254-867-1962

Central Texas Urgent Care - Opens 8AM · Closes 8PM (6PM on Sunday)
1201 Hewitt Dr #203, Waco, TX 76712 254-666-3627

FastMed Urgent Care - Opens soon 9AM · Closes 9PM (6PM on weekend)
5400 Crosslake Pkwy #300, Waco, TX 76712 254-420-2336

Grocery Stores

HEB
801 N IH 35, 76705 Main 254-799-0253
Pharmacy 254-799-0219

1821 S Valley Mills Drive, 76711 Main 254-710-9400
Pharmacy 254-757-3344

9100 Woodway Dr, 76712 Main 254-751-0239
Pharmacy 254-751-0912

3801 N 19th St, 76708 Main 254-752-0359
Pharmacy 254-753-2226

Walmart
4320 Franklin Ave, 76710 Main 254-751-0464
Pharmacy 254-751-0301

600 Hewitt Dr, 76712 Main 254-666-9021
Pharmacy 254-666-7429

1521 N IH 35 Frontage Rd, 76705 Main 254-867-8084
Pharmacy 254-867-0211

Sporting Goods Stores

Academy Sports & Outdoors
210 N. New Road, 76710 254-399-2410

Bicycle World
215 S University Parks Dr, 76701 254-300-4448

Cabela’s
2700 Marketplace Dr 254-870-4300

Dick’s Sporting Goods
6001 W Waco Dr Unit 316 254-523-3510

Hibbett Sports
6001 W Waco Dr Suite 1 301 254-399-6814
Office Services

**Accent Printing & Copy Center**  
512 N. New Road, 76710  
254-776-8247

**Fed-Ex Print & Ship Center**  
5912 Bosque Blvd #349, 76710  
254-776-7763

**Office Depot**  
5524 Bosque Blvd, 76710  
254-776-8891

**Office Depot**  
4627 S. Jack Kultgen Frwy, 76706  
254-662-0939

**Office Max**  
4328 W. Waco Drive, 76710  
254-772-7762

Movie Theaters

**Hollywood Jewel 16**  
7200 Woodway Dr, 76712  
254-399-9500

**Premiere Cinema 6**  
410 N Valley Mills Dr, 76710  
254-772-2225

**Starplex Galaxy 16**  
333 S Valley Mills Dr, 76710  
254-772-5333

**The Waco Hippodrome**  
724 Austin Ave, 76701  
254-227-6723

Emergency Travel Numbers

**Texas Highway Patrol**  
806-747-4491

www.txdps.state.tx.us/HighwayPatrol

**Stranded Motorist Hotline**  
800-525-5555

http://www.dps.texas.gov/director_staff/public_information/strandedmotoristhotline.htm

**Road Conditions**  
800-452-9292

http://conditions.drivetexas.org/current

My 35  
www.my35.org/waco

Weather

**Intelicast**  
www.intelicast.com

**National Weather Service**  
www.srh.noaa.gov/fwd

Car Rental

**Avis**  
www.avis.com  
800-633-3469

Avis, Waco Regional Airport Terminal, 76708  
254-756-1921

**Enterprise**  
www.enterprise.com  
800-261-7331

Enterprise  
Waco Regional Airport Terminal, 76708  
254-755-8324

4401 WWaco Drive, 76710  
254-776-2050

1701 W Loop 340, 76712  
254-666-9591

1601 Jack Kultgen Freeway, 76706  
254-714-1131

**Hertz**  
www.hertz.com  
800-654-3131

Hertz  
Waco Regional Airport Terminal, 76708  
254-296-4153

1625 North Valley Mills Drive, 76710  
254-754-1869

201 West Loop 340, 76712  
254-399-6409